Facts and Figures - Mental Health Awareness

100%

of Top 10 companies have made specific commitments to address the health and safety of the general workforce.

Source: Fair360

57.8

million people experienced mental illness in 2021.

Source: National Alliance on Mental Illness

47.2%

of U.S. adults with a mental illness received treatment in 2021.

Source: National Alliance on

Mental Illness

50%

of all lifetime mental illness begins by age 14 and 75% by age 24.

Source: National Alliance on

Mental Illness

46%

of people who die by suicide had a diagnosed mental health condition.

Source: National Alliance on

Mental Illness

Annual prevalence of mental illness among U.S. adults by demographic group:

Lesbian, Gay or Bisexual	50.2%
Non-Hispanic Mixed/multiracial	34.9%
American Indian or Alaska Native	26.6%
White State of the	23.9%
Black or African American	21.4%
Hispanic or Latino	20.7%
Native Hawaiian or Other Pacific Islander	18.1%
Asian	16.4 %
0%	

Source: National Alliance on Mental Illness